Contents

Acknowledgements	Page 2
Introduction	Page 3
Investigating	
a. The Topic for Research	Page 4
b. The Goal	Page 4
c. Selected Global Context	Page 5
d. The IB Learner Profile	Page 5
e. Sources of Information Used	Page 5
Planning a. Specifications of Criteria for Evaluation	Page 7
b. Planning for Progress	Page 9
c. Planning for Time Management	Page 11
Taking Action a. Approaches to Learning Skills (ATL)	Page 13
a. Approaches to Learning Skins (ATL)	rage 13
b. The Product	Page 14
c. Meeting the Goal and the Criteria	Page 16
d. What I Learned	Page 16
Reflecting	
a. Reflections on Approaches to Learning Skills(ATL)	Page 17
b. Evaluating the Product	Page 18
c. Meeting the Goal and the Criteria	Page 19
d. Reflections on What I learned	Page 20
e. Transfer of Learning	Page 20
Bibliography	

Appendices